AFRICA ADVOCACY FOUNDATION

ROOTED IN STRENGTH

Supporting Black People Living with HIV



A safe space to connect, share, learn and grow — together.

What We Offer

Monthly Conversational Cafés provide informal, peer-led spaces to connect, share experiences and explore what it means to live well with HIV. Through culture, food, storytelling and lived experience, we build trust, belonging and open conversations.

Optional one-to-one counselling with culturally competent therapists.

Our Aims

To help reduce stigma, build confidence and celebrate Black identity.

- Reduce stigma & shame
- Build self-worth & resilience
- Create safe, supportive spaces
- Explore race, gender, culture, faith & trauma
- Reconnect with care & community
- Celebrate Black identity, culture & joy

Conversational Café Dates

Date	Time	Theme
30 Oct 2026	12:00 – 16:00	Who You Are: Exploring identity
27 Nov 2026	12:00 – 16:00	Breaking the Silence: HIV, families & faith
29 Jan 2027*	12:00 – 16:00	Carrying It All: Race, gender, trauma & health
26 Feb 2027*	12:00 – 16:00	Rooted in Strength: Reclaiming pride & identity
30 Apr 2027*	12:00 – 16:00	Faith & Belonging: Faith, health & hope
28 May 2027*	12:00 – 16:00	Black Joy & Resistance: Art, music, food & healing

Venue:
AAF, 16 The Crescent,
Beckenham, Bromley BR3 1DU

Information & Referrals
Juddy@africadvocacy.org
www.africadvocacy.org

Call Us
020 8698 4473

Together we are stronger